**FAQS**

* **Q:** Do I need to have a certain skillset or level of dance experience to be able to attend an intensive?
* **A:** No, anyone over the age of 18 is welcome to attend! The courses are open to dance enthusiasts, students and teachers, and anyone looking to learn more about Hofesh Shechter Company and our work, as well as those who are simply trying to build up some dance experience. Newcomers to dance will find the warm-up class accessible – this aspect of the intensive involves lots of improvisation. If you are a total beginner in dance, then the repertoire may prove to be more challenging, but don’t let this put you off!
* **Q:** What do the classes involve, and what level of fitness is required?
* **A:** The intensives do involve a lot of dance and movement, and so a base-level of fitness is important so that all participants can get involved with every aspect of the intensive.

Each day consists of a full warm up class – usually 60-90 minutes in length – followed by a break and then an exploration of an extract from the Hofesh Shechter Company repertoire. Additional breaks are then set by our dancers as part of the session.

* **Q:** Are both the AM and PM sessions the same, and do they welcome the same people?
* **A:** Yes, both sessions will be the same, and both will host people with a mix of abilities and experience.
* **Q:** Am I allowed to attend both the AM and PM sessions if I book both?
* **A:** Absolutely, but be aware that, while the teachers may be different, it is likely that the content of the sessions will be very similar.
* **Q:** Is it possible to join for some of the days and not the whole week?
* **A:** We prioritise those applicants who can attend the whole week.
* **Q:** Are discounts provided for those who cannot attend the whole week?
* **A:** Currently, we are unable to provide discounts, and the Hofesh Shechter Company cannot offer bursaries to those looking to take part in an intensive.
* **Q:** Can someone pay to come and observe the session, rather than take part?
* **A:** Preferably, everyone attending the intensives will be actively getting involved with the dancing within the class. It could be possible that someone attending could choose to sit out and observe the repertoire section after completing the group warm-up, but this is not recommended.